

FEBRUARY 2025

Archdiocese of New York Child Nutrition Program Pre-K – 8th

Monday Tuesday Wednesday **Thursday** Friday Penne Pasta with Chicken Fajitas Homemade Baked Cheese Pizza Chicken Nuggets with Plant Based "Meat" Sauce Brown Rice ½ cup Macaroni & Cheese Garlicky Zucchini ½ cup Potato Wedges, ½ cup Marinara Sauce 2oz Black Bean Salad, ½ cup Carrot Coins, \frac{1}{2} cup Chickpea Salad, ½ cup Roasted Zucchini, ½ cup WG Breadstick Sweet Plantain, ½ cup Roasted Broccoli, ½ cup Assorted Fruit, ½ cup Assorted Fruit, ½ cup Assorted Fruit, ½ cup Green Beans, $\frac{3}{4}$ cup Assorted Fruit, ½ cup Choice of Milk Choice of Milk Choice of Milk Assorted Fruit, ½ cup Choice of Milk Choice of Milk Pollo Guisado Cheese Pizza French Toast Sticks & Syrup (Mozzarella Sticks Roasted Chicken Stew Beef Cheeseburger on Bun Garlicky Spinach ½ cup Plant Based Sausage Marinara Sauce 2oz Smile Fries ½ cup Sweet Potato Waffle Fries $\frac{1}{2}$ cup Brown Rice ½ cup Rotini Pasta Chickpea Salad, ½ cup Assorted Fruit, ½ cup Diced Onion Vegetarian Beans ½ cup Broccoli Florets 2 cup Broccoli Florets ½ cup Stewed Kidney Bean, ½ cup Assorted Fruit, ½ cup Assorted Fruit, ½ cup Cucumber Coins ½ cup Choice of Milk Sweet Plantain, ½ cup Choice of Milk Assorted Fruit, ½ cup Choice of Milk Assorted Fruit & cup Choice of Milk Chicken Tenders 19 20 21 Chicken Alfredo Sicilian Pizza Grilled Cheese Sandwich BBQ Sauce Steamed Carrots, ½ cup Penne Pasta ½ cup w/WG Pretzel Stick Tomato Salad ½ cup French Fries, ½ cup Garlicky Spinach ½ cup Baked Sweet Potato Fries ½ Cup Roasted Cauliflower ½ cup Assorted Fruit, ½ cup Green Beans ½ Cup Assorted Fruit, ½ cup Assorted Fruit, ½ cup Choice of Milk Choice of Milk Assorted Fruit, ½ cup Choice of Milk Choice of Milk Popcorn Chicken Teriyaki Beef Taco Crispy Chicken Cheese Pizza Three Bean Chili 26 Roasted Broccoli 🕯 cup Baked Tortilla Scoops Sandwich on WG Bun Garlicky Spinach ½ cup Sweet Plantain, ½ cup Cheddar Cheese, Salsa Steamed Carrots, ½ cup Roasted Carrot ½ cup Chickpea Salad, ½ cup Roasted Corn, ½ cup Brown Rice ½ cup Mexican-Style Corn ½ cup Crinkle Cut Fries, ½ cup Assorted Fruit, ½ cup Assorted Fruit, ½ cup Assorted Fruit, ½ cup Red Pepper Strips ½ cup Black Beans ½ cup Choice of Milk Choice of Milk Assorted Fruit, ½ cup Assorted Fruit, ½ cup Choice of Milk Choice of Milk Choice of Milk

UPK Lunch Menu Meals Are Free For All Students



Available Daily

Sun Butter & Jelly Sandwiches American Cheese Sandwiches (Mayo/Mustard)

Assorted Fruit Example

Fresh Fruit-1 Piece
ex (apple or orange)
Frozen Fruit Cup ½ cup
Prepared Fruit Cup ½ cup
Ex. (pear or applesauce)

Whole Grains
All grains offered on menu are whole grain.

Choice of Milk

1% 8 OZ

Fat Free White-8 oz

Strawberry & Chocolate

This Institution is an Equal Opportunity Employer and Provider

Menu items are subject to change due to recent supply chain issues.